

COVID 19 SCREENING QUESTIONS

1. Have you travelled outside of Canada in the last 14 days?
2. In the last 14 days, have you been a close contact with a positive COVID-19 case or been advised by public health to isolate?
3. Do you have one or more of these symptoms?
* Fever and/or chills, cough, shortness of breath, decrease or loss of taste or smell?
	+ If YES, isolate immediately and contact your health care provider to determine if a covid test is needed
* Sore throat, stuffy nose/runny nose, headache, nausea/vomiting/diarrhea, fatigue, lethargy, muscle aches, general malaise (feeling unwell)?
* If YES to only one of the above symptoms, you need to stay home for 24 hours from when the symptom started; If symptom is improving, your child may return to sport once well enough to do so (a negative covid test is NOT needed); If the symptom persists or worsens follow up with you health care provider.
* If you answered YES to TWO or more symptoms, your child should stay home and isolate until 24 hours free of symptoms; suggest to follow up with your health care provider.

Any questions, please follow up with Jaclyn Dietz @ 519-301-4653 or jaclynmdietz@gmail.com

Huron Perth Public Health Website: [www.hpph.ca](http://www.hpph.ca) or call Health Line at 1-888-221-2133